

Chair: Jon K.	Oasis: Mary Ann C., Alison L.
Vice Chair: Susan L.	Parliamentarian: Andrea P.
Treasurer: Toni Ann A.	Event Chair: Ilene
Recording Sec.: Maria G.	Public Information: Terry P.
Corresponding Sec.: Gail Robin	12 Step Within Chair:
Region 7 Delegates: Joyce, Toni Ann A., Susan L	Sponsorship: Polly and
Maria G., Vanessa C.,	Zoom Chair: Open
	Website Chair: Open
	Scholarship: Susan S

Opening – Meeting called to order at 7:30 PM by Jon K

OA Responsibility Pledge: Jon K Serenity Prayer: All 12 Steps: Robin 12 Traditions: Leslie

Concept of the Month: Gail S Unity with Diversity Policy: Jon

#### **Introduction Roll Call:**

**Steve S Zoom Committee, Wed 8p Mens MTG**  
**Maria G Recording Secretary, R7 Representative, World Service Rep**  
**Fran fill in rep for Friday night HOW Hackensack**  
**Susan S Vice Chair, Scholarship Committee requests BB or 12/12**  
**Joyce Tuesday Montclair Step Mtg**  
**Ilene Event Chair**  
**Robin 12<sup>th</sup> Step Within Chair, Saturday New Providence**  
**Alison L Co-Editor Oasis**  
**MaryAnn Co-Editor Oasis**  
**Marcy Tuesday Wayne, PI**  
**Toni Ann Treasurer, Zoom Committee, Website Committee**  
**Gail Corres Sec, Thurs Relapse to Recovery Mtg, Event Committee, Corr Secretary**  
**Lorraine Tues/Thurs 7a Montclair Step Mtg**  
**Leslie Friday 7p Nutley Mtg**  
**Terri P Chair PI**  
**Mark Saturday AM Cedar Knolls, Hot Line**  
**Jennifer Monday 10a Bloomfield Lifeline, Friday 9:30a Womens BB**  
**Lori Observing and Monday night Secretary**  
**Judy Zoom Committee**  
**Andrea Parliamentarian**  
**Vanessa Monday night Livingston, R7 Rep**  
**Victor C Sunday Night Body Image Montclair**  
**Jon K Chair 2024**

#### **Approval of December 2023 Meeting Minutes:**

Motion to Accept: Robin Second: Gail S (Minutes approved)

No questions or comments on December meeting minutes

**Standing Committee Reports:**

**Treasury:** Mark gave his last report. Few donations, few checks listed with notes if they were legible. If group makes a donation and indicates their group it is mentioned in the report. Fran raised that the Winter Retreat processing starting Dec 10 and to keep all donations as a separate line-item. Jennifer raised if Zelle or Venmo donations tracked? Mark and TA said they all go into one bucket for 7<sup>th</sup> Tradition contributions. TA and Mark met she has all the paperwork, bank cards etc, and will need to add the new Chair Jon K to the bank account remove Mark H, THANK YOU MARK!!

**Oasis:** Winter edition is out! Maryann would like the trusted servants section to be updated with elections we had in December and January. SPRING Oasis will be out March 21 and the topic is GRATITUDE. Submissions are needed by March 1.

**Sponsorship:** Polly and Susan L were not present so no report on the past month. Susan L needs some assistance with the Sponsorship system and Ilene will help her get the access she needs and get her up to speed.

**Scholarships:** Susan S sent out one BB and few more requests coming in.

**Website:** TA Flyer for the Winter Retreat posted. Need to upload the 12/12 Event and the Welcome Back Event in January. We need to make sure that all flyers created has the Zoom link imbedded into the poster.

**Public Information:** Teri under the weather last month. Robin gave the following update we contacted World Service and ordered 20 posters to be shared at your home meetings. "Stop hurting yourself with food" The posters have tear offs with phone number.

**Info Line/Telephone Committee:** Mark did report we had a couple of calls, one new person he gave her information about OA. Need to figure out how to monitor the hotline emails.

**In-reach/12-Step Within Committee:** Robin reported that things are moving along with our new initiative. The December 12<sup>th</sup> program should be great!

**Zoom Committee:** Steven S getting ready for the Winter Retreat. Will schedule a meeting soon to assign people to host the NJIOA meetings throughout the year of 2024.

**World Service Report:** Maria G What's Happening OA World Service is introducing the new "Twelve Concepts of OA Service Workshop," to help explore the principles of the concepts and also highlights the connections among the Spiritual Principles of the Steps, Traditions, and Concepts. It can be found as a PDF work sheet in the What's New Section of OA.org and the PDF is free to download  
Free OA Newcomers Guide "Where do I Start" is now Available in 21 different languages and the PDF is free to download and it can be found in the What's New Section of OA.org and also in the document Library.

New! Guidelines for a Newcomers Informational Meeting A 2 page PDF document is free to download and it can be found in the What's New Section of OA.org and also in the document Library.

**Region 7:** Region 7 Round Table January Edition When: January 16, 2024, at 7 pm – 8:30 pm ET  
A Discussion About Powerlessness led by a Region 10 guest speaker. MEETING ID: 827 6593 7764  
PASSCODE: 543001

Virtual special assembly was held this past Friday Jan 5 Laurie O was voted in as a Board of Trustee position for Region 7 shape bylaws policies and procedure for Region 7 and OA World- Liase with all of R7 and IG's for help struggling groups etc

- Region 7 Convention for 2024 will be in Ocean City Maryland from 11/1 to 11/3.
- Spring Assembly Spring 2024 – April 12-13, 2024. Virtual (on Zoom) will have details in our February meeting

**NJIOA Events: (Judy)**

**Past Events:**

- **January 7<sup>th</sup> Welcome Back Event Ilene** Thank you 154 participants 119 stayed until the end- Wonderful speakers wonderful day

#### **Future Events: Ilene New Chair**

- February 10, 2024 – Winter Retreat: Time To Recover This will be an all-day virtual retreat. The committee is working on details and the flyer will be available soon. The registration is being worked on as well. TA gave an update “Time to Recover” All tracks have a “time” theme. Next Committee Meeting is January 13. TA also explained how to register.
- February 24 Unity Day w/ Central and South Jersey 2 speakers and a panel
- March 24 Spring Event Sunday 2-4:15p History of AA into OA
- April 14 Sunday In Person Body Image in Montclair
- May 5 Virtual Topic TBD
- June Stepping Stones Retreat Katonah NY (Leslie) 23 spots available details coming soon
- June 23 Relapse Prevention Workshop Virtual 2p-4p
- July Summer Serenity Workshop
- August Sponsorship Day
- September Fall into Recovery
- October Firelight Meeting
- November 9 Idea Day
- November addl event
- December 12 12 Step Within (Date needs to be set interferes with Thursday NJIOA Meeting)

**Old Business:**

- **Email Update:** TA reviewed what we approved in December about needing to upgrade our email system for a few reasons (including for the winter retreat).
- **Intergroup Elections – The following people were elected for Intergroup positions starting January 2024:**

*We still need to fill in a few positions for Intergroup. We hope to fill those at January's meeting.*

**New Business: Elections**

Jon K appointed (according to our ByLaws) Andrea as our Parliamentarian for the foreseeable future.

Additional Nominations

Region 7 Reps: Toni Ann, Vanessa and Joyce accepted the nomination and were unanimously voted in for two years.

**O.A. Promise**

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

**Motion to Close:** Fran

**Second:** Robin

Meeting adjourned at 8:40 PM.

Respectfully submitted, Maria G.