

Chair: Toni Ann A.

Vice Chair: Maria G.

Treasurer: Mark H.

Corresponding Sec.: Nancy A.

Recording Sec.: Jon K.

OAsis: Mary Ann C., Alison L.

Public Information: Terry P.

Parliamentarian: Andrea P.

Region 7 Delegates: Terry P., Maria G., Jon K.

Vanessa C., Mark H.

Opening – Meeting called to order at 7:30 PM

OA Responsibility Pledge/Serenity Prayer: Toni Ann 12 Steps: Robin 12 Traditions: Mary Ann

Concept of the Month: Jon Unity with Diversity Policy: Toni Ann

Introduction Roll Call:

Toni Ann A., Chair

Maria G., Vice-Chair, Region 7 Delegate

Cathy, Visitor

Gail S., Thursday PM Relapse Meeting

Grace, Wednesday HOW Meeting

Ilene W., Sponsorship Coordinator, Monday PM HOW

Jon K., Recording Secretary, Region 7 Delegate

Judy L., Events Chair

June, Sunday BB Zoom Meeting

Lorraine, Tue/Thurs Montclair Step

Marcy, Wayne Tuesday 7:30PM Zoom Step Meeting

Mark H., Treasurer, Region 7 Delegate, Sat Cedar Knolls

MaryAnn, OAsis Co-editor

Nancy, Corresponding Secretary

Robin, 12-Step Within Chair, Saturday AM New Providence Meeting

Shirley, Friday Hackensack HOW Meeting

Steven S., Wednesday 8 PM Saddle Brook Men's Meeting, Zoom Committee

Susan L., Passaic

Susan S., Scholarship

Terry P., Public Information Chair

Vanessa, Monday Livingston Meeting, Region 7 Delegate

Victor, Sunday Salvation Army Montclair Body Image

Approval of August Meeting Minutes

Idea Day Changed to 11/18.

Motion to Accept: Robin Second: Steven (Motion passed with 6 abstentions)

Standing Committee Reports:

Treasury: Mark reported that we are in good shape. We have gotten some very nice donations.

OAsis: Winter edition is coming together. Mary Ann shared that they have received some articles already. Reminder deadline to submit is 12/1. Hope to have issue out around 12/21!

Info Line/Telephone Committee: Mark did report we had 1 phone call. Someone was looking for meetings outside of our area.

Public Information: Terry shared that she has scheduled a meeting with the head of nutrition at Morristown Hospital. We are looking for “Ambassadors of Outreach” to help carry the message to the public. The flyer will be coming shortly. We also are planning an info session about our new initiative via Zoom on 12/4 from 7-8:00 PM. Details to follow.

In-reach/12-Step Within Committee: Robin reported that the flyer for the 12/12 event is just about ready and will be up soon.

Sponsorship: Ilene passed on that we have now paired 70 people with sponsors for the year!

Website: Toni Ann asked if you want to add something to the website to include all the proper information.

Zoom Committee: Steven shared that a new person has joined the committee. We are always looking for new people to join and it’s easy to learn what to do!

World Service Report: Per Maria, there really wasn’t much new to share for the month.

Region 7: This month’s roundtable is scheduled for November 21st. Topic is “Practical Tips for Surviving the Holidays.” There will also be a special assembly January 5th, 2024, at 7:00 PM. An election for a new Region 7 Trustee is on the agenda. The Spring 2024 Assembly (4/12-4/13) will be virtual. Also, the Region 7 Convention for 2024 will be in Ocean City Maryland from 11/1 to 11/3.

NJIOA Events: (Judy)

Past Events:

- **Sunday October 15 – 11:00 AM:** Hike and Picnic at Tourne Park in Boonton. This was fantastic and we will look at how to improve for next year.

- **Region 7 2023 Convention:** Sail into Recovery: Together We Get Better. Maria shared that this was well attended. 225 people registered and 190 showed up in person. Toni Ann shared that the scholarship winners had a great time. We also made \$190 selling our excess literature. A motion was made by Jon to continue this for the next convention. Motion was seconded by Robin and passed unanimously.
- **November 4th Firelight Meeting:** Grace spoke about the event and that we had 12-14 people. They seemed to be happy to be back live for this event!

Future Events:

- **November 18th Idea Day:** 1-3 PM. 3 speakers talking about Abstinence and its importance to them. Great bolster to programs before the holidays.
- **December 12th – 12th Step Within Day:** This event is to be sponsored by Tuesday PM Newcomer Meeting. Will be 7-8:30 PM. Topic will be Connecting with Fellows 1 at a Time.
- **January 7th, 2024 - Welcome Back:** This will be a workshop on the 12 Steps. We will have 4 speakers each taking a few steps and sharing. Along with that, there will be an opportunity for Q and A. Details and flyer to follow.

Old Business:

- **Star Lake Retreat:** Toni Ann will chair the event. It is scheduled for February 10th from 9-5. Details are being worked out, including a new name. Registration should be open in a couple of weeks through the website.

New Business:

- **Intergroup Nominations – The following people were nominated:**

Chair: Jon K (w/2 abstentions)

Recording Secretary: Maria G (w/1 abstention)

Corresponding Secretary: Gail S. (w/ 1 abstention)

Events Chair: Ilene W. (w/1 abstention)

Treasurer: Toni Ann (w/1 abstention)

OAsis Chair: MaryAnn (w/2 abstentions)

Public Info Chair: Terry (w/ 1 abstention)

12-Step Within Chair: Robin (w/1 abstention)

World Service Delegate: Maria G. (w/1 abstention)

Sponsorship Coordinator: Susan L.

We still need to find/nominate Vice Chair, Parliamentarian, Region 7 Delegates and Website Chair at December meeting when elections will be held.

O.A. Promise

Motion to Close: Jon **Second: Victor**

Meeting adjourned at 8:53 PM.

Respectfully submitted,

Jon K.