Chair: Toni Ann A. Vice Chair: Maria G.

Treasurer: Mark H. Corresponding Sec.: Nancy A. Recording Sec.: Jon K. OAsis: Mary Ann C., Alison L. Public Information: Terry P. Parliamentarian: Andrea P.

Region 7 Delegates: Terry P., Maria G., Jon K.

Vanessa C., Mark H.

Opening – Meeting called to order at 7:30 PM

OA Responsibility Pledge/Serenity Prayer: Toni Ann 12 Steps: Rob L. 12 Traditions: Robin

Concept of the Month: Jon K. Unity with Diversity Policy: Marcy

#### **Introduction Roll Call:**

Toni Ann A., Chair

Maria G., Vice-Chair, Region 7 Delegate

Adrianna, Tuesday 6 PM Montclair Meeting

**Bob L., Trustee World Service (Visitor)** 

Fran S., Friday PM Hackensack HOW Meeting

Ilene W., Sponsorship Co-Coordinator

Jennifer, Monday 10 AM Bloomfield Meeting

Jon K., Recording Secretary, Region 7 Delegate

Joyce S., Tuesday PM Montclair Step/Tradition Meeting

Judy L., Event Chair

June, Sunday There's a Solution Zoom Meeting

Loraine, Tuesday/Thursday AM Upper Montclair Step Meeting

Mark H., Treasurer, Region 7 Delegate, Saturday Cedar Knolls

Marcy, Wayne Saturday 8:30 Zoom Meeting

Michele, Sunday 6 PM Body Image Meeting

Nancy, Corresponding Secretary, Sat AM Montclair Meeting

Rob. L, Region 7 Chair (Visitor)

Robin, 12-Step Within Chair, Saturday AM New Providence Meeting

Sam T., Website Committee

Steven S., Wednesday 8 PM Saddle Brook Men's Meeting

Sue F., Guest

Susan S., Web Chair, Scholarship Literature Coordinator

Terry P., Public Information Chair, Region 7 Delegate

Vanessa, Monday Livingston Meeting, Region 7 Delegate

# **Approval of December Meeting Minutes.**

Small error in change of next meeting. Jon will correct.

Motion to Accept: Nancy Second: Robin

Motion passed with a few abstentions.

# **Standing Committee Reports:**

**Treasury:** Mark went over this month's report. We are in good shape. For next month's report, he will add individual meeting information regarding contributions. He will also add any checks that have been sent to the old P.O. box address in Fair Lawn.

**OAsis:** Susan advised that the topic for the June (Summer) edition will be "How is Your Program Portable?" Please send your submissions on the topic to <a href="mailto:oasis@njioa.org">oasis@njioa.org</a> by June 1<sup>st</sup>.

**Info Line/Telephone Committee:** We need more people to help out. We will be working to tweak the system so that more than one person can be notified when I call comes in. We had 1 call this month from Sue F. asking about how to start a meeting. Mark spoke with her and suggested she come to this meeting.

**Public Information:** Terry P. shared that Zoom meeting will be with Nutrition at Summit Medical Group tomorrow at noon. We listened on Mikey's (Central NJ) presentation to medical students. Working on some posters and flyers for each group to put up in markets and other locations. Email her if you would like to get the information.

In-reach/12-Step Within Committee: Robin that we have a new co-coordinator to work with Ilene, Polly. Ilene updated how things went for the month. We had 5 new matches and have made a total of 14 for 2023. We had a request to for a book for someone who is in Canada. Group had a discsussion as to how to handle the idea of sending a book to someone outside the U.S. Susan S. has offered to investigate what the costs associated with it. Jon made a motion to have Intergroup will pay for the shipment to send book to fellow in Canada and we will discuss it further next month. Motion was seconded by Joyce. Motion passed with one abstention.

Website: To be addressed in Old Business

**Zoom Committee:** There are recordings on our cloud that will need to be uploaded to the new website. Steven S. asked for new members if anyone is interested. There will also be a committee meeting coming up to assign coverage for the rest of 2023.

**World Service Report:** Maria let us know that the World Service Business Conference is scheduled for April 25-29<sup>th</sup> live in Albuquerque. New Podcast series on the 12 steps is now available.

**Region 7:** Rob L. (Region 7 Chair) discussed the new continuing series from the Region. It will be a monthly Zoom roundtable. This month's topic will be "Relapse Warning Signs. April's session will be April 18<sup>th</sup> at 7 pm. You can contact Rob at <a href="mailto:chair@oaregion7.org">chair@oaregion7.org</a> for details.

# NJIOA Events: (Judy)

### **Past Events:**

- Extending the Hand and Heart of OA March 19<sup>th</sup> (2-4 PM): Judy shared that this was another wonderful program. The 3 speakers we had were truly wonderful and there were 23 people at most during the workshop.
- **Cherry Blossom Walk April 8**<sup>th</sup>: This was another great day! The blooms were so pretty and everyone who attended got so much out of the program.

### **Upcoming Events:**

- Breathing New Life into the Neglected Chapters of the Big Book April 30<sup>th</sup>: Will focus on 3 chapters of the book. Also, it will be virtual.
- Region 7 2023 Convention: Sail into Recovery: Together We Get Better. This will be held in Ocean City Maryland from November 3<sup>rd</sup>-November 5<sup>th</sup>. All are welcome. Save the date!!!!
- **Healing Shame (Steps 8 & 9) June 3<sup>rd</sup>, 2023:** This will be a live event at the Dorothy B. Kraft Center @ 15 Essex Road in Paramus. The Flyer with further details will be coming soon.
- **Kayak July 29**<sup>th</sup> **8:30 AM:** We will once again have an on the water meeting! Spaces are limited so contact Toni Ann as soon as possible to reserve your space and for further details.

# **Old Business:**

- Website Redesign: Susan S. shared that the website is just about ready. We are planning a April launch. We will have the opportunity to go through the site at our next Intergroup meeting in May. Workshops for other fellows to view the website and learn how to navigate it will be set up shortly.
- New Business:
- **New Meeting:** Sue F. wants to start a new meeting in Hoboken. She asked how she goes about doing it. Toni Ann replied that we have resources available to help her and people will reach out to her about helping her get it going.

Motion to Close: Robin Second: Joyce

Meeting adjourned.

Respectfully submitted,

Jon K.