

Chair: Toni Ann A.

Vice Chair: Maria G.

Treasurer: Mark H.

Corresponding Sec.: Nancy A.

Recording Sec.: Jon K.

OAsis: Mary Ann C., Alison L.

Public Information: Terry P.

Parliamentarian: Andrea P.

Region 7 Delegates: Terry P., Maria G., Jon K.

Vanessa C., Mark H.

Opening – Meeting called to order at 7:30 PM

OA Responsibility Pledge/Serenity Prayer: Toni Ann 12 Steps: Rob L. 12 Traditions: Robin

Concept of the Month: Jon K. Unity with Diversity Policy: Marcy

Introduction Roll Call:

Toni Ann A., Chair

Maria G., Vice-Chair, Region 7 Delegate

Adrianna, Tuesday 6 PM Montclair Meeting

Bob L., Trustee World Service (Visitor)

Fran S., Friday PM Hackensack HOW Meeting

Ilene W., Sponsorship Co-Coordinator

Jennifer, Monday 10 AM Bloomfield Meeting

Jon K., Recording Secretary, Region 7 Delegate

Joyce S., Tuesday PM Montclair Step/Tradition Meeting

Judy L., Event Chair

June, Sunday There's a Solution Zoom Meeting

Lorraine, Tuesday/Thursday AM Upper Montclair Step Meeting

Mark H., Treasurer, Region 7 Delegate, Saturday Cedar Knolls

Marcy, Wayne Saturday 8:30 Zoom Meeting

Michele, Sunday 6 PM Body Image Meeting

Nancy, Corresponding Secretary, Sat AM Montclair Meeting

Rob. L, Region 7 Chair (Visitor)

Robin, 12-Step Within Chair, Saturday AM New Providence Meeting

Sam T., Website Committee

Steven S., Wednesday 8 PM Saddle Brook Men's Meeting

Sue F., Guest

Susan S., Web Chair, Scholarship Literature Coordinator

Terry P., Public Information Chair, Region 7 Delegate

Vanessa, Monday Livingston Meeting, Region 7 Delegate

Region 7: Rob L. (Region 7 Chair) discussed the new continuing series from the Region. It will be a monthly Zoom roundtable. This month's topic will be "Relapse Warning Signs. April's session will be April 18th at 7 pm. You can contact Rob at chair@oaregion7.org for details.

NJIOA Events: (Judy)

Past Events:

- **Extending the Hand and Heart of OA – March 19th (2-4 PM):** Judy shared that this was another wonderful program. The 3 speakers we had were truly wonderful and there were 23 people at most during the workshop.
- **Cherry Blossom Walk – April 8th:** This was another great day! The blooms were so pretty and everyone who attended got so much out of the program.

Upcoming Events:

- **Breathing New Life into the Neglected Chapters of the Big Book – April 30th:** Will focus on 3 chapters of the book. Also, it will be virtual.
- **Region 7 2023 Convention: Sail into Recovery: Together We Get Better.** This will be held in Ocean City Maryland from November 3rd-November 5th. All are welcome. Save the date!!!!
- **Healing Shame (Steps 8 & 9) - June 3rd, 2023:** This will be a live event at the Dorothy B. Kraft Center @ 15 Essex Road in Paramus. The Flyer with further details will be coming soon.
- **Kayak July 29th – 8:30 AM:** We will once again have an on the water meeting! Spaces are limited so contact Toni Ann as soon as possible to reserve your space and for further details.

Old Business:

- **Website Redesign:** Susan S. shared that the website is just about ready. We are planning a April launch. We will have the opportunity to go through the site at our next Intergroup meeting in May. Workshops for other fellows to view the website and learn how to navigate it will be set up shortly.
- **New Business:**
- **New Meeting :** Sue F. wants to start a new meeting in Hoboken. She asked how she goes about doing it. Toni Ann replied that we have resources available to help her and people will reach out to her about helping her get it going.

Motion to Close: Robin

Second: Joyce

Meeting adjourned.

Respectfully submitted,

Jon K.