

NJIOA PRESENTS

COMFORTABLE

In My Own Skin 2025: A Body Image Workshop

Sunday January 26
2:00pm - 4:00pm EST

3 Inspiring Speakers,
Open Sharing, time for Q&A
Serenity, Fellowship, Freedom & Joy
Invite your OA friends!

Zoom Meeting ID: 856 3940 3141

Password: 012025

Dial In: (929) 205 6099

Contact Person: **Judy 201-615-4955**

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