

Save The Date

# Feeling Groovy

The NJIOA  
**Winter Retreat**

Saturday March 1<sup>st</sup>

9:00am - 5:00pm ET

On Zoom

Fellowship

12 Steps

Big Book

Laughter

Abstinence

Miracles

Freedom

Joy

Serenity

“We are sure God wants us to be happy, joyous, and free.”

— Big Book, The Family Afterwards, p155